

Top Mistakes You Could Possibly Do to Your Bedroom

by [AJ Wall](#) on June 28th 2010 and filled under [Lifestyle](#)



As expected, your bedroom is where you spend about 1/3 of your day sleeping. The look and feel should be inviting to you and your loved one, but unfortunately that doesn't always happen as can become too one sided to look at the overall picture of the bedroom. We all want the [bedroom](#) to look well placed with minimal effort, but too many things can take away from the whole desired feel/look of the room. This is most evident when trying to match all pieces in the room. The same print can look nice in the store, but look totally different in your room. Careful consideration should be placed on complimenting the bed set without matching exactly. That is obviously not always the case as matching pillows, valances and wallpaper can be perfect. Sometimes just a different paint color for the walls will do wonders as opposed to that wallpaper that would match the [bedding](#) or some less prevalent colors for these other items.

That wall paint as opposed to wallpaper can take the other extreme and be too dull/drab. Careful planning should be made to avoid boring white walls or something of that nature can cause more nightmares than peaceful dreams. Most colors will be perfect as not too vibrant and explosive where usually just in a lighter shade can do the trick. Relaxation is the key as you prepare to get ready for a good night's sleep. Don't make things harder than they already are with the color of your walls.

By now you probably have heard that lighting sets the mood. Well it is true in the [bedroom](#). Basically the lighting can be broken down into 4 types. First being main overhead lighting, so can see what you are doing without tripping all over the place. Second would be side lighting such as table lamps for reading or what have you. Thirdly is natural lighting through windows and what is covering them if anything. Lastly would be touch lighting, more for ambiance. The main thing is not go to crazy with any one of these areas, but obviously the size of the room can determine whether you are putting in track lighting, floor lamps, dimmer switch, etc. You want to have some control especially if you get that chance to actually sleep in or something of that nature. You want to be able to see what your room looks like and what you are trying to do while in there, but not be blinded by the light.

Another problem comes from collecting, whether because you are a pat rack or because you found lots of great compliments to the bedroom over time. Dressers and tables can quickly become overloaded and deter from the look/feel of the room without the intention to do so. And if you can't find something with ease, there goes that relaxing mood you were going for. So rotating some of your wonderful finds can be the best option rather than all at once type of thing. This also is the case with pillows as you want to be able to find your [bed](#) fairly easily when it is time to relax.

Speaking of cluttered, you want to be able to easily and quickly put necessary items away. If you can't put it away in a closet and still have access to it, something needs to change. Additional shelves or something of that nature can create extra organization without taking up a lot of space. Tables with drawers, storage units for under the bed, or even a storage bench for the end of the bed can help in this area as long as not overloaded. You would still be in the same boat affecting everything in the [bedroom](#). So work with the space you have and if can't fit, some decisions will need to be made.

Bringing in items that are not relaxing or comforting even if there is enough room can be quite damaging. Some examples of this would be a computer that you work on or some exercise

equipment. For most people, this would create the opposite effect that is desired out of bedroom look/feel. Don't ruin the whole bedroom for a convenience as can do more harm than good. Find a happy alternative to maintain tranquility.

The look/feel of the room is a main factor, but please keep in mind the practicality of it. Dogs or young children can easily turn a perfect room into a nightmare in a matter of minutes if not careful.

This can especially be the case of too light of colors, so look for a more happy medium to create some peace but protect from potential disaster. Testing out various bed types and materials also needs to be placed into consideration along with care of that [bed linen](#). If you have to spend too much time cleaning, it is most likely going to be too inviting when it is time to relax and go to sleep.

Don't fall into the trap of the need to get things done quickly, so you can tackle another project or so you can relax. It really can ruin everything that you had carefully planned into your [bedroom](#). The goal is to feel comfortable, not rushed so take your time. Don't forget you want to have the option of tweaking it down the road, not going through the whole process of another complete redecoration project. Thus meaning a lot more money to spend that had stuck to your plan would have been reasonable.

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